

Instructions for Applying for the Kids'Skills Coach Certification



1. In order to register as a certified Kids'Skills Coach (previously called Ambassador) you need to fulfil the following criteria:
 - a. You have participated in a Kids'Skills training program approved by Helsinki Brief Therapy Institute.
 - b. You have read the book "Kids'Skills in Action" in your preferred language.
 - c. You have acquainted yourself with the entire Kids'Skills website.
 - d. You have read the three solution stories available at the Kids'Skills website: *Nigel's Nightmare*, *Linda Tames her Tiger*, and *Dan did wrong*.
 - e. You are acquainted with the self-helper programs at www.benfurman.com/selfhelper.
 - f. You are familiar with the Kids'Skills workbook and the Kids'Skills poster.
 - g. You have written a case report describing how you have used Kids'Skills with a child or alternatively with a family or a group of children. Below you will find instructions of how to write such a report.
2. Fill the registration certification to be found at www.brieftherapy.fi/certification and make sure to attach your case report.
3. Once we have accepted your application and you have paid the registration fee, your name will be added to the international registry of certified Kids'Skills Coaches on the Kids'Skills website <http://www.kidsskills.org/coaches/>
4. As a certified Kids'Skills Coach you can use the title "Certified Kids'Skills Coach" and use Kids'Skills graphics for your marketing.
5. You are allowed to apply Kids'Skills in your work with children, families and schools and to coach other people in the use of the method. You are however, not allowed to train new certified Kids'Skills Coaches without permission granted by Helsinki Brief Therapy Institute.

Instructions for writing your Kids'Skills report

Your report should be a few pages long (max 5) and written as a story. It should preferably have some dialogue to make it illustrate your work with the child or family. Your report can be a story about your work with an individual child, a family, a school class, or a group of children. These guiding questions will help you write your report.

1. How did you get in contact with the child (client)?
2. What problems did the child have?
3. How did you find a skill for the child to learn?
4. What name did the child give to the skill and how was the name invented?
5. What benefits of learning the skill could the child see?
6. How did the child want to celebrate learning the skill?
7. Did the child have a power animal or superhero? How did he or she use it?
8. How did the child practice the skill? How did he or she keep the skill in mind?
9. Who did the child want to be his or her supporters?
10. How did the child's friends help him or her?
11. How were the child's parents involved?
12. How did the child want other people to remind him or her of the skill?
13. How was the celebration?
14. How did the child thank his or her supporters?
15. Did the child teach the skill to someone else?
16. What was the next skill the child wanted to learn?
17. Do you have any further follow-up information?